

Services

Practice Areas

- Children + Adolescents
- Young Adults + Adults
- Parent Training + Support
- Community Workshops

Common Concerns

- Anger Management
- Anxiety Disorders + Stress
- Depression + Low Mood
- Emotional Dysregulation
- Interpersonal + Social Skills
- Life Transitions
- Relationship Issues
- School/ Work/ Family Distress
- Self- Esteem
- Trauma/ Abuse History

Treatment Approaches

- Cognitive Behavioural Therapy (CBT)
- Dialectical Behaviour Therapy (DBT)
- Solution Focused Therapy
- Narrative "talk" Therapy

BENEFITS COVERAGE

Coverage for services is often provided by private healthcare insurance, workplace benefits, or employee assistance plans.

Sliding scale available

Supporting your
journey, one
step at a time.

Contact Us



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North York, ON. M3B 2W7



416-738-0357
contact@kadeemdaley.com

WWW.KADEEMDALEY.COM



Kadeem Daley
MSW, RSW
Clinical Therapist

Mental Health
Services

Children,
Adolescent,
Teens & Families

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CONTACT TODAY

Finding the right therapist is the
first step.

Affiliated with:



NORTH YORK
GENERAL



Sunnybrook
HEALTH SCIENCES CENTRE

About Kadeem Daley

With over 15 years of experience in some of the GTA's top hospitals, including North York General and Sunnybrook, Kadeem Daley is a seasoned Clinical Social Worker. He specializes in supporting children, teens, and adults facing challenges such as anxiety, depression, OCD, and behavioral issues. Kadeem employs evidence-based therapies like Cognitive Behavioural Therapy (CBT), Dialectical Behaviour Therapy (DBT), and Motivational Interviewing to empower clients on their journey to mental wellness.

IN-PERSON & VIRTUAL THERAPY

Virtual therapy appointments are available through a secure platform to support you and your family.

Ways to Get Involved



Individual Therapy

Personalized sessions for children, adolescents, and adults.



Family Therapy

Addressing familial dynamics and promoting healthy relationships.



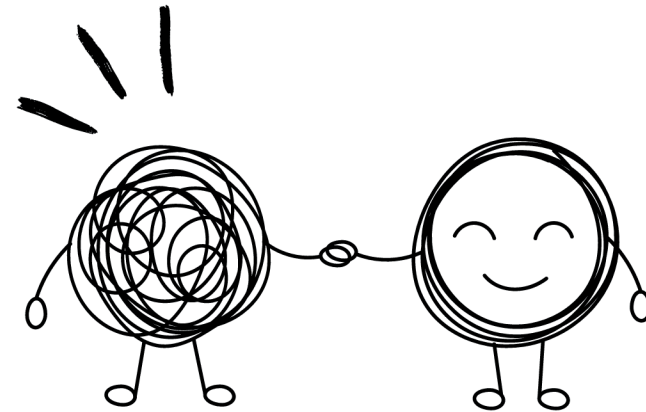
Couples Therapy

Enhancing communication and resolving conflicts.



Motivational Interviewing

Help clients explore their own reasons for change in a supportive, non-judgmental space.



**FREE
15-Minute
Phone
Consultation**



Visit our website

www.kadeemdaley.com

Contact by phone or email

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